



## This Week At Orwell | Tuesday 11th April 2023

### 'Geek Retreat' Ipswich - Family Activities This Week

We've heard great things about the schedule of family activities that Geek Retreat have been running over Easter and which are continuing this week. With Parent & Baby mornings, Pokemon gaming and so much more, it's definitely worth a look.

[Click here for more info >>](#)

### Covid Jabs - Spring Booster

People aged 75 years and older, residents in care homes for older people, and those aged 5 years and over with a weakened immune system will be offered a booster of coronavirus (COVID-19) vaccine this spring. There is no need to book as this will be a 'Walk in' service.

[Click here for more info >>](#)

### Disposing of bulky items

In order to keep our communities clean and safe, we wanted to remind our customers that any unwanted bulky items should be taken to your local refuse centre or a pickup arranged with your local council and not left with your usual domestic waste.

[Click here for more info \(IBC\) >>](#)

[Click here for more info \(ESC\) >>](#)

### The Rural Coffee Caravan - Lidgate Village Hall

The Rural Coffee Caravan will be on the road this week, visiting Lidgate Village Hall on Friday (14th). If you would like to get involved and meet new people over a coffee, you'll find all the details below as well as a link to our recent podcast with the founder.

[Click here for more info >>](#)

[Our recent podcast >>](#)