



This Week At Orwell | Thursday 12th January 2024

Gardening in Mind course | Activ Lives

A FREE 12-WEEK COURSE SUPPORTING YOUR MENTAL WELLBEING

You will take part in gardening, growing and environmental activities, with the option to get involved in bee-keeping too.

Monday 5 February to Monday 22 April 2024, 10am-2pm OR Wednesday 7 February to Wednesday 24 April, 10am-2pm

At The People's Community Garden, Maidenhall Allotments, Halifax Road, Ipswich IP2 8RE. Join us for an Open Day at the People's Community Garden on Monday 15 January 2024 from 10am to 2pm – this is a great chance to look around, find out more about the project and sign up! For more info, [please click here](#).

Tenant Advisory Panel | National Housing Federation

The National Housing Federation are looking for five residents of social housing who are passionate about improving how housing associations work with residents to provide great homes, to join our Tenant Advisory Panel (TAP). TAP members will have the opportunity to learn new skills, work with tenants and housing professionals on important projects and attend conferences.

We want to make the process as easy as possible, if any of your residents are interested in applying, they should email us and tell us:

1. About themselves - who they are, where they live (including which Housing Association) and a short summary of their experience as a housing association resident.
2. Why they would like to be part of the Panel.
3. What skills and experience they think they would bring to the Panel?
4. Any other information they feel we should be aware of that would help their application.

Please make sure applicants provide their full name, where they live, the name of their Housing Association, and a contact telephone number. The application should be 500 - 750 words and should be sent to TogetherwithTenants@housing.org.uk by Friday, 19 January 2024.