



This Week At Orwell | Wednesday 14th August 2024

My Orwell Voice | Update

If you haven't already done so, why not sign up to My Orwell Voice over at www.myorwellvoice.co.uk. Plus! If you register before 18th August you could be in with a chance to win one of two £100 Love2Shop vouchers.

Also, We're celebrating the summer with a fantastic new competition! Summer can be special to us for different reasons. It could be the season to catch up with friends and family, head off on your holidays or just tackle that messy garden. Whatever it is, we would like you to take a picture of it and tell us why this is your favourite summer photo! How to win your £50 voucher:

- Enter your summer photo [here](#) and tell us why it's your favourite
- Share the link and ask friends & family to vote for your photo, the one with the most votes wins!

The winner will also be featured on our social media so feel free to [follow us](#). Competition finishes at the end of August. Winner will be announced by Wednesday 4th September 2024, Best of luck!

Wednesdays with Wellbeing Event | Felixstowe

Throughout the year Wellbeing Suffolk are getting out and about around Suffolk with a series of Wellbeing Events. Wednesdays with Wellbeing are a great opportunity to find out what support is available in your community, connect with others, learn about the Five Ways to Wellbeing and join in with some fun activities. These are free to attend and everyone is welcome! The next one is on the 21st August at Trinity Methodist Church, 26 Hamilton Rd, Felixstowe, IP11 7AN. For more info [please click here](#).

Care Assistant Vacancies

Would you like to make a difference in your local community through caring for others? We wanted to share that we currently have vacancies for Care Assistants across the region including Saxmundham, Felixstowe, Hadleigh, Reydon, Woodbridge, Ixworth & Harwich. For more info [please click here](#).